

# **Abstract**

Title: Volleyball training of people with hearing impairments.

This thesis describes and characterizes volleyball training of people with hearing impairments. Options for active sports life of people with hearing impairments in the Czech Republic are under the umbrella of Association of the Deaf athletes. Sensory disability does not limit players in physical performance, however renders a number of specific needs that must be respected during a training unit.

The aim of this thesis is to describe the specifics of beach volleyball if the players have a hearing impairments. Bachelor thesis consists of two parts. Theoretical part, containing two chapters and focuses on explaining the basic terminology and clarifies the specifics of people with the hearing impairments. There search part includes a description of the training session, results of a survey held among players with hearing impairments and the result of an interview with a beach volleyball trainer for people with hearing impairments.

Keywords: beach volleyball, people with hearing impairments, training unit, types of communication.